COLLEGE OF MEDICINE
SCHOOL OF PHYSICAL THERAPY and REHABILITATIVE SCIENCES

For Athletic Training Major (BAT): The undergraduate Athletic Training Major is a limited access program designed to prepare students for a successful career as a qualified allied health care professional educated and experienced in the management of health care problems associated with sports participation. Admission to the major is gained through completion of required criteria set forth by the School of Physical Therapy and Rehabilitation Services in addition to the regular university application process. Successful completion of the major qualifies students to take the Board of Certification Examination and the State of Florida Athletic Trainer Licensure. The Athletic Training Program is accredited by the Commission on Accreditation of Athletic Training Education Programs (CAATE).

This is a full-time 2-year program with a considerable clinical education component. Students must be available for class from 8am - 12pm daily and from 2pm - 7pm daily for clinical education. Considerable evening and weekend hours may also be required. Students will accumulate a minimum of 250 hours of clinical education per semester.

Graduates from this program establish successful careers as athletic trainers in secondary schools, colleges and universities, professional sports programs, sports medicine clinics, and other athletic health care settings. Interested students should visit our web site (http://pe.usf.edu/ath_trng/). The web site offers students a proposed four-year course sequence, a description of our program, a listing of approved clinical sites, and dates/times of information meetings.

Major Requirements:
In order to be admitted to the Athletic Training Program, students must participate in a selective admissions procedure. Information meetings are held monthly to provide students with information, applications and forms. Times and locations are listed on the program’s web site at http://pe.usf.edu.

Enrollment in the program is limited and students must apply before February 1 of each year for admission the following "B" Summer Session. Students must complete at least 60 semester credit hours of the total 120 credit hours required for graduation prior to admission. Admission process includes prior admission to the University, application to the athletic training program, submission of all transcripts, recommendations, 50 hours of observation of a Certified Athletic Trainer and a written essay on career goals. Students are given a pre-interview score consisting of scores for GPA, GPA in prerequisites, class rank, leadership ability, recommendation forms, 50 hours of observation of a Certified Athletic Trainer, and a essay on career goals. Students are given a pre-interview essay consisting of scores for GPA, GPA in prerequisites, class rank, leadership ability, recommendation forms, 50 hours of observation of a Certified Athletic Trainer, and a written essay on career goals. Top candidates will be invited to an interview. Interviews are held the last weekend in February yearly. Students will be notified of their status in the program following the interview. This program begins during the Summer "B" session.

1. Admission Criteria: Students must:
   a. Apply to the University of South Florida no later than December 1st of the year preceding the Athletic Training Program.
   b. Meet the criteria for admission to the College of Medicine, School of Physical Therapy and Rehabilitation Services. (exception from the three common course prerequisites; EDF2005, EDO 2701, and EME 2040)
   c. Complete the General Education Requirements of the University (36 credit hours).
   d. Complete the following prerequisite or an equivalent with at least a "C" average: (33 credit hours).

   BSC 2010 Biology I - Cellular Processes 3
   BSC 2010L Biology I Laboratory 1
   BSC 2111 Biology II - Diversity* 3
   BSC 2111L Biology II Lab* 1
   BSC 2093C Human Anatomy & Physiology I 4
   or
   BSC 2085 Anatomy & Physiology I for Nursing and other Healthcare Professionals 3
   and
   BSC 2085L Anatomy & Physiology Lab I for Nursing and other Healthcare Professionals 1
   BSC 2094C Human Anatomy & Physiology II 4
   or
   BSC 2086 Anatomy & Physiology II for Nursing and other Healthcare Professionals 3
   and
   BSC 2086L Anatomy & Physiology Lab II for Nursing and other Healthcare Professionals 1
   CHM 2045 General Chemistry I 3
   CHM 2045L General Chemistry I Laboratory 1
   PET 2622 Care & Prevention of Physical Injuries 3
   PHY 2053 General Physics 3
   PHY 2053L General Physics Laboratory 1
   PSY 2012 Introduction to Psychological Science 3
   STA 2023 Introductory Statistics I 4

   e. Successfully meet exemption requirements for the CLAST or successfully complete the exam.
   f. Achieve a cumulative GPA of 2.5.
   g. Achieve a prerequisite GPA of 2.8.
   h. Submit a completed Athletic Training Application by February 1st.
   i. Complete and record 50 hours of observation with a Certified Athletic Trainer. Half of the hours must be done in a "traditional" athletic training setting (i.e., high school, college/university or professional sports venue). The remaining hours may be done in a sports medicine clinic under a Certified Athletic Trainer. See the Clinical Coordinator for placement and documentation forms. Documentation should be submitted with application.
   j. Students must be First Aid and CPR certified at the time of application and maintain certification throughout the academic program. This may be accomplished by taking HSC 2400 First Aid & CPR or taking courses through the American Red Cross, National Safety Council or American Heart Association.
   k. Meet the technical standards for admission or show potential for accomplished tasks with accommodation as determined by the Student Disability Office.
   l. A maximum of 6 credit hours of general education and pre-requisite requirements may be taken following admission to the program. The 6 hours may not include PET 2622 or BSC 2093, 2094.
   m. Complete an interview by invitation.

   *BSC 2011 and BSC 2011L are required as prerequisite for BSC 2093C and BSC 2094C at USF. Students that have already taken BSC 2093C and BSC 2094C or equivalent at other institutions do not have to complete BSC 2011 and BSC 2011L.

Required Professional Core Courses:
HUN 2201 Nutrition 3
PET 3310 Kinesiology 3
PET 3351 Exercise Physiology I 3
PET 3617C Orthopedic Physical Assessment (Upper Extremity) 3
PET 3618C Orthopedic Physical Assessment (Lower Extremity) 3
PET 3621C Athletic Training Techniques 3
PET 3630C Techniques in Therapeutic Exercise 3
PET 3660 Athletic Training Administration & Policy 3
<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
<th>Credit Hours</th>
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<tbody>
<tr>
<td>PET 3670L</td>
<td>Clinical Instruction in Athletic Training I</td>
<td>3</td>
</tr>
<tr>
<td>PET 3671L</td>
<td>Clinical Instruction in Athletic Training II</td>
<td>3</td>
</tr>
<tr>
<td>PET 4353</td>
<td>Exercise Physiology II</td>
<td>3</td>
</tr>
<tr>
<td>PET 4384</td>
<td>Health-Fitness Appraisal &amp; Exercise Prescription</td>
<td>3</td>
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<tr>
<td>PET 4627</td>
<td>General Medical Conditions in the Athlete</td>
<td>3</td>
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<tr>
<td>PET 4632C</td>
<td>Therapeutic Modalities</td>
<td>3</td>
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<tr>
<td>PET 4633C</td>
<td>Therapeutic Rehabilitation</td>
<td>3</td>
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<tr>
<td>PET 4672L</td>
<td>Clinical Practice in Athletic Training I</td>
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<tr>
<td>PET 4673L</td>
<td>Clinical Practice in Athletic Training II</td>
<td>3</td>
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<td>PET 4933</td>
<td>Seminar in Sports Medicine</td>
<td>3</td>
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<tr>
<td>PET 4935</td>
<td>Case Studies in Athletic Health Care</td>
<td>3</td>
</tr>
<tr>
<td>PET 4625</td>
<td>Advanced Athletic Training</td>
<td>3</td>
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**Please Note:**

PET 3670L, 3671L, 4672L, and 4673L each require a minimum of 250 hours/semester of clinical education at various sites. Students should be aware that this is a considerable time commitment and should plan accordingly. Students may be expected to accumulate more than 250 hours/semester in some rotations due to the demands of the particular rotation.

Once admitted to the Athletic Training Program students must be available from 8am – 12 pm for class and from 2 pm – 7pm for clinical education daily (times vary depending on site). Students must also be available nights and weekends for clinical assignments.

There will be additional costs (above tuition and fees) for the clinical rotations which may include, but are not limited to professional liability insurance, physical examination and immunizations, professional association fees, and uniforms. Transportation is needed for all off-campus clinical sites. Each student will have a minimum of one off-campus rotation.

Students are required to be fingerprinted and complete a background check prior to starting rotations at any public or private school. The athletic training student is responsible for this additional expense.

Students proceed through the program in cohorts and are required to complete all the required courses each semester with a grade of “C-” or better in order to progress to the next semester. Students who do not complete the requirements will be dismissed from the program and may re-apply for the next cohort. Students must maintain a 3.0 GPA in the core courses or will be placed on probation in the program. Probation includes attending mandatory study sessions. Two consecutive semesters on probation may result in the student being dismissed from the program.

Students must satisfy the University’s CLAST requirements.