

# COLLEGE OF MEDICINE

UNIVERSITY OF SOUTH FLORIDA 2012-2013 UNDERGRADUATE CATALOG

## Department of Orthopedics & Sports Medicine

**Important Notice: The last applications for the undergraduate Bachelor of Science in Athletic Training program will be Spring of 2014 for admission Summer 2014. Beginning Fall 2012, students will no longer be admitted into Pre-Athletic Training.**

### • Athletic Training (BAT) (CIP = 51.0913)

The undergraduate Athletic Training Degree is a limited access program designed to prepare students for a successful career as an athletic trainer. Athletic Trainers are health care professionals who collaborate with physicians to optimize activity and participation of patients and clients. Athletic training encompasses the prevention, diagnosis, and intervention of emergency, acute, and chronic medical conditions involving impairment, functional limitations, and disabilities. Admission to the degree is gained through completion of required criteria set forth by the Department of Orthopedics and Sports Medicine in addition to the regular university application process. Successful completion of the degree qualifies students to sit for the Board of Certification Examination and eligible for Florida or any other state Athletic Trainer Licensure. The Athletic Training Program is accredited by the Commission on Accreditation of Athletic Training Education Programs (CAATE).

This is a full-time 2-year program with a considerable clinical education component. Students must be available for class from 8am - 12pm daily and from 2pm - 7pm daily for clinical education. Considerable evening and weekend hours may also be required. Students will accumulate a minimum of 250 hours of clinical education per semester. This program follows an alternate calendar that includes summers and non-traditional class times.

Graduates from this program establish successful careers as athletic trainers in secondary schools, colleges and universities, professional sports programs, sports medicine clinics, and other athletic health care settings. Interested students should visit our web site at <http://www.usfatep.com>. The web site offers students a proposed four-year course sequence, a description of our program, a listing of approved clinical sites, and dates/times of information meetings.

### Degree Requirements

In order to be admitted to the Athletic Training Education Program, students must participate in a selective admissions procedure. Information meetings are held each semester to provide students with information, applications and forms. Times and locations are listed on the program's web site at <http://www.usfatep.com>. Pre-Athletic Training majors enrolled at USF may also access information through Blackboard.

Enrollment in the program is limited and students must apply before February 1 of each year to be considered for admission the following Summer "C" Session. Students must complete at least 60 semester credit hours of the total 120 credit hours required for graduation prior to admission. The admission process includes prior admission to the University, application to the athletic training program, submission of all transcripts, recommendation forms, blood-borne pathogen training, 50 hours of observation of a certified athletic trainer, first aid and CPR certification, and a written essay on career goals. Students are given a pre-interview score consisting of scores for GPA, GPA in prerequisite classes, professional involvement, leadership ability, recommendations, observation hours and essay. Top candidates will be invited for an interview. Interviews are typically held the last weekend in February yearly. Students will be notified of their status in the program following the interview. This program begins during the Summer "C" session. Students must be able to meet technical standards and must pass a background check upon admission to the program.

### Admission Criteria

Students must:

- Apply to the University of South Florida no later than December 1st of the year preceding application to the Athletic Training Education Program.
- Meet the criteria for admission to the Athletic Training Program.
- Complete the Foundations of Knowledge and Learning Core Curriculum Requirements of the University (36 credit hours).  
\*See the Foundations of Knowledge and Learning Core Curriculum Requirements section of the catalog.
- Complete the following statewide common prerequisites or an equivalent with at least a "C" average: (25-26 credit hours).

BSC X010/X010L or BSC X010C	4
PHY X053/X053L or PHY X053C or PHY X048/X048L or PHY X048C	4
PSY X012	3
HUN X201, HUN X932 or HUN X941	3
STA X023, STA X122 or STA X201	3 or 4
BSC X085/X085L and BSC X086/X086L	8

# COLLEGE OF MEDICINE

UNIVERSITY OF SOUTH FLORIDA 2012-2013 UNDERGRADUATE CATALOG

- or BSC X085C and BSC X086C
- or BSC X093C and BSC X094C
- or PET X322C and PET X323C
- or ZOO X733C and PCB X703C
- or APK X100C and APK X105C
- f. Achieve a minimum cumulative GPA of 2.8.
- g. Achieve a minimum prerequisite GPA of 2.8.
- h. Complete and record 50 hours of observation with a certified athletic trainer. **Students must complete Blood Borne Pathogen training prior to completing observation hours.** Half of the hours can be done in a “traditional” athletic training setting (i.e., high school, college/university or professional sports venue). The remaining 25 hours can be done in a sports medicine clinic. Students also have the option to complete all 50 hours in a traditional setting. Students may not exceed 25 hours in a clinical setting (i.e. sports medicine clinic). All hours must be completed under a licensed athletic trainer. Documentation should be submitted with application.
- i. Submit a completed Athletic Training Application by February 1st.
- j. Students must be First Aid and CPR certified at the time of application and must maintain certification throughout the academic program. Both are separate certifications. To obtain a First Aid certification students can take the 2 credit hour USF course (HSC 2400 First Aid), or take courses through the American Red Cross, National Safety Council, YMCA or American Heart Association. To obtain a CPR certification w/AED for adults, infants, and children, students must take their courses through the American Red Cross, National Safety Council, YMCA or American Heart Association. USF does not offer a CPR course.
- k. Meet the technical standards for admission or show potential for accomplished tasks with accommodation as determined by the Student Disability Office.
- l. Participate in an interview by invitation on the designated date and time

## Required Professional Core Courses:

ATR 3132	Kinesiology and Pathomechanics	3
APK 3120	Exercise Physiology I	3
ATR 3202	Measurement and Evaluation in Athletic Training	2
ATR 3212C	Upper Extremity Assessment	3
ATR 3213C	Lower Extremity Assessment	3
ATR 3102C	Athletic Training Techniques	3
ATR 3512	Athletic Training Admin & Policy	3
ATR 3812L	Clinical Experience in Athletic Training I	3
ATR 3822L	Clinical Experience in Athletic Training II	3
ATR 3534	Documentation in Athletic Training	1
ATR 3123	Scientific Foundations of Athletic Training	3
APK 4136	Exercise Prescription for Strength and Conditioning	3
ATR 4432	General Medical Conditions in the Athlete	3
ATR 4302C	Therapeutic Modalities	3
ATR 4314C	Therapeutic Rehabilitation	3
ATR 4832L	Clinical Experience in Athletic Training III	3
ATR 4842L	Clinical Experience in Athletic Training IV	3
ATR 4504	Seminar in Sports Medicine	3
ATR 4223	Advanced Athletic Training	3

## Note:

ATR 3812L, 3822L, 4832L and 4842L each require a minimum of 250 hours/semester of clinical education at various sites. Students should be aware that this is a considerable time commitment and should plan accordingly. Students may be expected to accumulate more than 250 hours/semester in some rotations due to the demands of the particular rotation.

Once admitted to the Athletic Training Program students must be available morning for class and afternoon and evening for clinical education daily (times vary depending on site). Students must also be available nights and weekends for clinical assignments. This program utilizes an alternative calendar. Clinical courses start prior to the start of main campus courses each semester. Clinical hours may not coincide with University holidays and breaks.

There will be additional costs (above tuition and fees) for courses and clinical rotations that may include, but are not limited to professional liability insurance, physical examination and immunizations, professional association fees, lab fees and uniforms. Transportation is needed for all off-campus clinical sites. Each student will have a minimum of one off-campus rotation.

Students are required to be fingerprinted and complete a background check prior to starting rotations at any public or private school. The athletic training student is responsible for this additional expense. Some clinical sites also require students to complete drug testing prior to starting clinical education.

# COLLEGE OF MEDICINE

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*UNIVERSITY OF SOUTH FLORIDA 2012-2013 UNDERGRADUATE CATALOG*

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Students proceed through the program in cohorts and are required to complete all the required courses each semester with a grade of "C" or better in order to progress to the next semester. Students who do not complete the requirements will be dismissed from the program. Students must maintain a 3.0 GPA in the core courses or will be placed on probation in the program. Two consecutive semesters on probation may result in the student being dismissed from the program. All students start the program (Summer C session) on probation and must meet the 3.0 GPA to continue in the program. Courses are only offered one time per year, so any dismissal will delay graduation. Re-application materials are reviewed and are based upon a student's unwavering demonstration of modification of circumstances that previously lead to dismissal from the program