• **PHYSICAL EDUCATION, WELLNESS LEADERSHIP AND ATHLETIC TRAINING**

Students must choose one of the following programs: a) Physical Education Grades (Florida Teacher Certification); b) Wellness Leadership; or c) Athletic Training.

**Requirements for the B.S. Degree (BPE/BPS/BPW):** The two-year programs are offered beginning in the junior year and includes mandatory attendance during the summer session between the junior and senior years. Students in Physical Education and Wellness Leadership may enter in the Fall Semester of each year only. Students in Athletic Training may enter in the Summer Semester (Session B) or each year only. Students proceed through the programs in cohorts and are required to complete all required courses each semester with a grade of "C-" or better in order to progress to the next semester. Students who do not complete the requirements will be dismissed from the program and may reapply for the next cohort.

**For K-8 Physical Education Major (BPE):**

**Prerequisites (State Mandated Common Prerequisites):** These prerequisites must be met by transfer students as well as USF students. A grade of "C-" is the minimum acceptable grade.

1. **EDF X005** Introduction to Education
2. **EDG 2701** Teaching Diverse Populations
3. **EME 2040** Introduction to Educational Technology
4. **PET 3031** Motor Development & Assessment
5. **PET 3252** Issues in Sports (Exit)
6. **PET 3411** Curriculum and Instruction in Physical Education
7. **PET 3422** Instructional Design & Content: Movement Experiences
8. **PET 3441** Instructional Design & Content: Middle School Physical Ed.
9. **PET 3640** Adapted Physical Education
10. **PET 3943** Physical Education Internship: Middle School
11. **PET 4010** Organization and Administration of Physical Education Programs
12. **PET 4432** Instructional Design & Content: Physical Education Elementary
13. **PET 4433** Instructional Design & Content: Physical Education Elementary II
14. **PET 4942** Physical Education Pre-Internship: Elementary
15. **PET 4946** Internship in Teaching Physical Education: Elementary
16. **RED 3130** Reading and Learning to Read
17. **HSC 2400** First Aid

**6-12 Physical Education Major (BPS):**

**Prerequisites (State Mandated Common Prerequisites):** These prerequisites must be met by transfer students as well as USF students. A grade of "C-" is the minimum acceptable grade.

1. **EDF X005** Introduction to Education
2. **EDG 2701** Teaching Diverse Populations
3. **EME 2040** Introduction to Educational Technology
4. **EDF X005** Introduction to Education
5. **EDG 2701** Teaching Diverse Populations
6. **EME 2040** Introduction to Educational Technology
7. **PET 3031** Motor Development & Assessment
8. **PET 3252** Issues in Sports (Exit)
9. **PET 3411** Curriculum and Instruction in Physical Education
10. **PET 3422** Instructional Design & Content: Movement Experiences
11. **PET 3441** Instructional Design & Content: Middle School Physical Ed.
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16. **PET 4433** Instructional Design & Content: Physical Education Elementary II
17. **PET 4942** Physical Education Pre-Internship: Elementary
18. **PET 4946** Internship in Teaching Physical Education: Elementary
19. **HSC 2400** First Aid

**Recommended:**

- **EDG 2701** Teaching Diverse Populations
- **EME 2040** Introduction to Educational Technology
- **EDF X005** Introduction to Education
- **EDG 2701** Teaching Diverse Populations
- **EME 2040** Introduction to Educational Technology

**Professional Education Core:**

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
<th>Credits</th>
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<tbody>
<tr>
<td>PET 3310</td>
<td>Kinesiology</td>
<td>3</td>
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<tr>
<td>PET 3351</td>
<td>Exercise Physiology I</td>
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<tr>
<td>EDG 4909</td>
<td>Personal/Professional Development Seminar</td>
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<tr>
<td>EDF 3122</td>
<td>Learning &amp; The Developing Child</td>
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<tr>
<td>EDF 4430</td>
<td>Measurement for Teachers</td>
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<tr>
<td>EDF 3604</td>
<td>Social Foundations of Education (Exit)</td>
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<tr>
<td>FLE 4365</td>
<td>ESOL Competencies and Strategies</td>
<td>3</td>
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<tr>
<td>PET 3031</td>
<td>Motor Development &amp; Assessment</td>
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**Additional Required Courses for K-8 Major:**

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**Professional Education Core (for All Majors):**

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</table>
**For Wellness Leadership Major (BPW):**

**Prerequisites (State Mandated Common Prerequisites):**
These prerequisites must be met by transfer students as well as USF students. A grade of "C-" is the minimum acceptable grade.

- Human Anatomy and Physiology I and lab 4
- Human Anatomy and Physiology II and lab 4
- Human Physiology and lab 4
- College Algebra or higher 3
- Statistics or Pre-Calculus 3
- General Psychology 3
- General Nutrition 3
- Survey of Chemistry or higher 3
- Survey of Chemistry or higher lab 1

Students must pass all sections of the CLAST within 1st semester after admission to the program.

**Recommended:**
- First Aid/CPR
- Care and Prevention of Athletic Injuries
- Introductory Course in Computer Technology

**Professional Education Core (for Wellness Tracks):**
- EDG 4909 Personal/Professional Development Seminar 3
- PET 3310 Kinesiology 3
- PET 3351 Exercise Physiology I 3

**Additional Courses Required For Wellness Leadership Major:**
- ADE 4384 Working with the Adult Learner 3
- GEY 3601 Physical Changes and Aging 3
- HLP 4941 Wellness Internship 12
- HUN 2201 Nutrition 3
- PEM 2131 Weight Training 2
- PEP 3940 Practicum in Health Promotion/Wellness 4
- PEP 3951 Communications Skill for Wellness Leaders 3
- PEQ 3170 Aquatic Exercise 2
- PET 3080 Survey of Wellness Programs 3
- PET 3931 Teaching Aerobic Dance/Exercise 1-3
- PET 4404 Organization & Administration of Wellness Programs 3
- PET 4353 Exercise Physiology II 3
- PET 4384 Health Fitness Appraisal & Exercise Prescription 3

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**For Athletic Training Major (BPA):**

The undergraduate Athletic Training Program Track is a limited access program designed to prepare students for a successful career as a qualified allied health care professional educated and experienced in the management of health care problems associated with sports participation. Selected admissions to the track is gained through completion of required criteria set forth by the School of Physical Education, Wellness, & Sport Studies, in addition to the regular university application process. Successful completion of the track qualifies students to take the NATABOC Certification Examination and the State of Florida Athletic Trainer Licensure Examination. Interested students should visit our web site (http://pe.usf.edu/) and attend an organizational meeting that is held throughout the semester. The web site offers students a proposed four-year course sequence, a description of our program, a listing of approved clinical sties, on-line application forms and more.

**Athletic Training Program Major Requirements:**

In order to be admitted to the Athletic Training Program Track, students must participate in a selective admissions process. Enrollment in the program is limited and students can only enter during the Fall Semester of each academic year. Students must have completed at least 60 semester credit hours prior to the fall of their track entrance. In addition to being admitted to the University of South Florida, students must also apply directly to the School of Physical Education, Wellness, and Sport Studies before February 1st for priority admission consideration into the Athletic Training Program Track. Students applying after February 1st and before August 1st will be accepted only on a space available basis.

1. **Admission Criteria:** Students must:
   a. submit academic transcripts from all previously attended colleges.
   b. meet the criteria for admission to the College of Education. (exemption from the three common course prerequisites: EDF2005, EDG 2701, and EME 2040)
   c. submit a completed Athletic Training Application by March 1st.
   d. meet the technical standards for admission or show potential for accomplished tasks.
   e. complete an interview by invitation.
   f. achieve a cumulative GPA of 2.5.
   g. complete the General Education Requirements of the University (36 cr. hrs.) See the University General Education Requirements section of the catalog.
   h. complete the following prerequisites or an equivalent with no lower than a “C-” grade in each course and a 2.8 overall GPA in all of the following courses: (33 credit hours)

   - BSC 2010L Biology I – Cellular Processes* 3
   - HSC 240C First Aid & CPR 2
   - HSC 2100 Contemporary Health Science* 3
   - STA 2023 Introductory Statistics I* 3

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**2. Professional Education Core:**

- PET 3310 Kinesiology 3
- PET 3351 Exercise Physiology I 3

**3. Additional required Courses for Athletic Training Major:**

- HUN 2201 Nutrition 3
- PET 3617C Orthopedic Physical Assessment I (Upper Extremity) 3
<table>
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<tr>
<th>Course Code</th>
<th>Course Title</th>
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<tr>
<td>PET 3618C</td>
<td>Orthopedic Physical Assessment II (Lower Extremity)</td>
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<tr>
<td>PET 3621C</td>
<td>Prevention of Athletic Injuries</td>
<td>3</td>
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<tr>
<td>PET 3624C</td>
<td>Emergency Management of Athletic Trauma</td>
<td>3</td>
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<tr>
<td>PET 3630C</td>
<td>Techniques in Therapeutic Exercise</td>
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<tr>
<td>PET 3660</td>
<td>Athletic Training Administration &amp; Policy</td>
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<tr>
<td>PET 3670L</td>
<td>Clinical Instruction in Athletic Training I</td>
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<tr>
<td>PET 3671L</td>
<td>Clinical Instruction in Athletic Training II</td>
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<tr>
<td>PET 4353</td>
<td>Exercise Physiology II</td>
<td>3</td>
</tr>
<tr>
<td>PET 4384</td>
<td>Health-Fitness Appraisal &amp; Exercise Prescription</td>
<td>3</td>
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<tr>
<td>PET 4627</td>
<td>Management of Athletic Injuries</td>
<td>3</td>
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<tr>
<td>PET 4632C</td>
<td>Therapeutic Modalities</td>
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<tr>
<td>PET 4633C</td>
<td>Therapeutic Rehabilitation</td>
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<td>PET 4672L</td>
<td>Clinical Practice in Athletic Training I</td>
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<td>PET 4673L</td>
<td>Clinical Practice in Athletic Training II</td>
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<tr>
<td>PET 4933</td>
<td>Seminar in Sports Medicine</td>
<td>2</td>
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<tr>
<td>PET 4935</td>
<td>Case Studies in Athletic Health Care</td>
<td>3</td>
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