WELLNESS LEADERSHIP

COLLEGE: EDUCATION
SCHOOL: PHYSICAL EDUCATION, WELLNESS, AND SPORT STUDIES
DEGREE: BACHELOR OF ARTS OR BACHELOR OF SCIENCE
OPTION/TRACK: WELLNESS LEADERSHIP

LIMITED ACCESS PROGRAM: YES-THIS PROGRAM HAS ADDITIONAL ADMISSION REQUIREMENTS AS STATED BELOW.

CAMPUS(ES) WHERE OFFERED/CONTACT:
TAMPA only / Program Director, Undergraduate Advising, Education, (813) 974-2458

• Program of Study at a Florida Community/Junior College or SUS School for Students Planning to Transfer to USF (State Mandated Common Prerequisites)
Complete the A.A. degree at the community college. Some courses required for the major may also meet General Education Requirements thereby transferring maximum hours to the university.
If students transfer without an A.A. degree and have fewer than 60 semester hours of acceptable credit, they must meet the university’s entering freshman requirements including ACT or SAT test scores, GPA, and course requirements.
Students must complete the prerequisite courses listed below prior to be admitted to the upper-division major. Students who do not complete these prerequisites can be admitted to the University, but not to the upper-division major. Unless stated otherwise, a grade of “C” is the minimum acceptable grade.

  EDF X005 Introduction to Education 3
  EDG 2701 Teaching Diverse Populations 3
  EME 2040 Introduction to Educational Technology 3

(equivalent course or demonstrated competency may be substituted)

Prerequisites:
  Anatomy and Physiology I with lab 3-4
  Care and Prevention of Injuries 3-4
  or Anatomy and Physiology II with lab
  Skill Development Course in Physical Activities 4-5
  Conditioning, Fitness & Wellness Course in Physical Activities 3
  At least one course taken to meet the natural science requirements in General Education must include a laboratory component.

Strongly recommended:
  HSC 2400 First Aid 2

Professional education courses taken at the community college will transfer as general electives.

• Admission Requirements to the University Program of Study
  Please be aware of the immunization, foreign language, and continuous enrollment policies of the university, and qualitative standards required.
  Admission will require an overall GPA of 2.5 with a minimum score of 960 on the SAT (840 if taken before April 1, 1995) or 20 on the ACT.
  However, an overall 2.25 GPA will be acceptable with a minimum score of 1030 on the SAT (940 if taken before April 1, 1995) or 22 on the ACT.

• Requirements for the B.S. Degree
  The two-year program is offered beginning in the junior year and includes mandatory attendance during the summer session between the junior and senior years.

CORE COURSES FOR ALL TRACKS:
  PET 3010 Personal/Professional Development Seminar (3)
  PET 3310 Kinesiology (3)
  PET 3351 Exercise Physiology I (3)

ADDITIONAL COURSES REQUIRED FOR WELLNESS LEADERSHIP TRACK:
  ADE 4384 Working with the Adult Learner (3)
  GEY 3601 Behavior Change in Later Life (3)
  HLP 4941 Wellness Internship (15)
  HUN 3201 Nutrition (3)
  PEM 2131 Weight Training (2)
  PEM 3940 Practicum in Health Promotion/Wellness (4)
  PET 3951 Communications Skill for Wellness Leaders (3)
  PEO 3170 Aquatic Exercise (2)
  PET 3080 Survey of Wellness Programs (3)
  PET 3931 Teaching Aerobic Dance/Exercise (3)
  PET 4404 Organization & Administration of Wellness Programs (3)
  PET 4353 Exercise Physiology II (3)
  PET 4394 Health Fitness Appraisal & Exercise Prescription (3)